



arts in health through
innovation and creativity



Celebrating

50 YEARS

of Arts in Health

About Lime





What does Lime do?





What does Lime do?



Music for Health Participatory Arts Programme

Enhancing Patient Care at Manchester University NHS Foundation Trust



Music for Health Participatory Arts Programme

How is it different?



***‘I’ve seen the musicians work with an entire bay and then also work closely 1:1, and also at end of life. They have a really flexible yet tailored approach that meets each individual’s needs. It’s very effective and I’ve seen it really reach people,’
Matron, Manchester Royal Infirmary***

Music for Health Participatory Arts Programme

Complimenting Clinical Care at MFT



‘It makes a difference to the whole ward because the patients are happier and calmer, and it makes my job much easier and changes the whole environment’

Nurse,
Manchester Royal Infirmary

‘There are lots of benefits to the staff on the ward, they get to see their patients how they used to be rather than how they are now, in bed and unwell. It’s not all about medicine and good nursing care’

Ward Manager,
Manchester Royal Infirmary



Music for Health Participatory Arts Programme

Delivery & Impact

- **565** sessions delivered between April 2025 and March 2026
- **26** priority wards visited across **3** main hospital sites
- **64%** of participants achieving peak relaxation
- **65%** experiencing positive distraction from pain or anxiety
- **80%** of wards reporting improvements in atmosphere and therapeutic relationships





Music for Health Participatory Arts Programme

Future Success & Sustainability



"I just wanted to thank you. It was such a beautiful interlude in a really difficult time. I don't know if Mum could hear you but I could and it was both desperately moving and deeply comforting. Over the Sea to Skye will always remind me of that day - but of a very special part of it"
Family member, ICU



MORE INFO ABOUT LIME

Follow us on X / Insta *@limearthhealth*

Website - www.limeart.org

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