

The Portland Hospital for Women and Children
London

Maternity Outpatient Services and Midwife Led Care



The Portland Hospital for Women and Children

Dedicated expertise for women and children

As the UK's only private hospital dedicated to the care of women and children, The Portland Hospital's specialist capabilities cover the breadth of our patients' needs and complexities. From renowned fertility, maternity and women's health services, through to paediatric and neonatal intensive care units, we place our patients' care and safety at the heart of every decision.

The Maternity services see around 1,500+ babies born each year, with approx 60,000 outpatient appointments for women and children.

It is these Outpatient appointments my team and I focus on delivering high-quality, personalised care throughout the their journey.

<https://youtu.be/w0CLvQAMIWM?si=AN8gVt3sTRUebOMW>

HCA Mission and Values

Above all else HCA Healthcare UK are committed to the care and improvement of human life. In pursuit of our mission, we believe the following value statements are essential and timeless:

- We recognise and value everyone as unique and individual.
- We treat people with kindness and compassion.
- We act with absolute integrity and fairness.

Midwife Led Care

A personalised approach to antenatal care;

Accessible self-referral

Continuity of carer model Antenatally (teams of 2 Midwives) and where possible Intrapartum

Named Consultant Obstetrician oversight

Close working collaborative relationships with consultants and specialists

24/7 Back-up On Call Consultant Obstetrician

Support from Perinatal Mental Health specialists

Supported by Consultant Midwife

6 day a week outpatient service

Flexible appointments 8am-7pm Mon-Fri, 8am-2pm Saturdays

Comprehensive and flexible schedule of appointments, including postnatal follow up

Accessible team by email/telephone with same day response



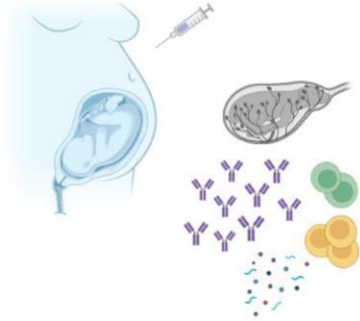
New and additional services

- Additional consultations with a Midwife - Individualised care and support for high risk pregnancies requiring Consultant Led Care, offering multi team working in the best interests of the woman and family.
- Hospital Tours in person & Virtual Tour featuring the MLD team, offering a personal touch for those unable to attend in person
- Postnatal Clinic- Offering supplementary postnatal care following discharge in addition to NHS community care
- Infant Feeding Outpatient clinic- Offering dedicated and individualised infant feeding support both antenatal and postnatal
- Purple Butterfly Bereavement pathway – with dedicated bereavement champion offering continuity of care and personalized support through the pregnancy loss journey
- Continuity of carer extending from Outpatient to Inpatient care where requested or in the best interest of the woman's needs



Ongoing projects

- Pregnancy immunisations



- Mental Health support



- Comprehensive in person & online antenatal education classes



Maternity Outcomes

Modes of birth

Mode of birth	Midwife-led delivery 2025	The Portland Hospital 2024-2025	National average March 2025
Spontaneous vaginal births	51%	26%	45%
Instrumental birth rate	22%	12%	10%
Emergency caesarean section (category 1,2 and 3)	21%	21%	25%
Intrapartum transfer to Consultant-led care rate	20%	N/A to Consultant-led care	34% direct intervention, up to 50% will require Obstetric review
Planned caesarean section (category 4)	6%	41%	19%

Maternity outcomes

Maternity outcomes	The Portland Hospital	National average March 2025
3rd and 4th degree perineal tear rate	2 cases (less than 1.3 cases per 1,000 births)	30 cases per 1,000 births
Vaginal birth after caesarean section (VBAC)	1.2%	12.7%
Post-partum haemorrhage (blood loss) greater than 1,500mls	1.4%	31 cases per 1,000 births (3.1%)
Surgical site infection rate	1-2%	5-15%
Unplanned admission of a baby to the neonatal unit from 37 weeks gestation	4.7%	National target is less than 6%
First newborn feed breastmilk	86%	72%
Skin-to-skin in the first hour following birth	72%	61%

Patient testimonials

"I just wanted to say a thank you for everything you did during my pregnancy and birth. You were all amazing & I honestly couldn't have got through it without you! From start to finish, you made me feel cared for, and your kindness, calmness & encouragement meant the world to me. You made the whole experience something I'll always remember in the best possible way!"



"The biggest thank you for all your help and support throughout pregnancy and birth! We couldn't be more grateful and appreciative"



"Thank you for everything you've done for us and for making our pregnancy, labour and birth the most wonderful memory that we'll cherish forever. We couldn't have chosen a better team to bring Abi safely in to the world"

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